Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust

The Safe Haven/Alternatives to Crisis Northumberland Project

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Background



- Capital funding of £300,000 identified from NHSE/I to deliver a Safe Haven in Northumberland
- Safe Haven/Alternatives to Crisis proposal for Northumberland being developed
- Service will be co-designed with input from people with lived experience
- Safe Haven will be run by third sector provider
- Multi-agency and partnership working to ensure the service is inclusive and accessible across Northumberland's population.

What it will provide

• Welcoming and non-clinical environment to support people who are experiencing

psychological distress

• Physical safe place to go, offering out of hours support over evenings and

weekends

- Trained staff to support individuals
- Promote recovery away from secondary and acute mental health care
- Offer emotional support, solution focused problem solving and onward signposting

to an extensive range of local community support services.

• Collaborative safety planning and non-medicalised approach in an informal setting

Next Steps/Where are we now?

- Staffing and provider model being developed
- Physical building identified with expression of interest
- Costings being ascertained for capital and revenue charges
- Weekly project meetings to ensure project delivery
- Engagement and feedback with service user and carers

Thank you, any questions?

